



Jazmin Porter, also known as Yogi Jaz Porter, is a Yoga Alliance Certified Yoga Instructor, Get Loved Up Training Alumni, and entrepreneur. She is also the recipient of a Bachelor's of Art Degree in Psychology from the University of North Texas. Jazmin specializes in Vinyasa and Tantra yoga, with a focus on collective healing and expanded consciousness. She offers a spectrum of private sessions and group classes that range from restorative to more intense practices that invite her clients to personalize their relationship with themselves. She offers multiple healing modalities including sound therapy, guided meditation, soul coaching, tarot readings, public speaking offerings, community experiences, and retreats. She is the host of her conscious Podcast “Ascend with Yogi Jaz” that is dedicated to sharing perspectives on the awakening process, creator of the Yoga Entrepreneur Workshop that is dedicated to assisting wellness practitioners with creating financially independent business structures, and owner of her conscious novelty brand “Ascend” that financially contributes to the water crisis in Africa.

Notable Partnerships

Jazmin has had the honor to share her creative, artistic, and healing offerings in collaboration with Water Is Life Inc., Alo Yoga, Athleta, Fabletics, Under Armour, Free People, Lulu Lemon, Radha Beauty, Liforme, Big Power Yoga, Pralaya Yoga, NRG Stadium and the Prime Minister of India, CBS Network, Youuniversoul Fest, Spanx, Wanderlust Fest, Sisters of Yoga, Houstonia Magazine , Voyage Houston, Fox 26, Majic 102.1, 9.79 The Box, and The Cynthia Guillory ALS Foundation.